



NewStars Futbol Academy

Developing Excellence

**PARENT HANDBOOK
2017-2018**

www.newstarsfutbol.com



NewStars Futbol Academy

D e v e l o p i n g E x c e l l e n c e

www.newstarsfutbol.com 416-843-7794

NFA Owner Profile

David Pilgrim (Technical Director/Head Coach)

Born: Barbados

Residence: Canada

Age: 49

Status: Married

Children: 3

The Ontario Soccer Association: # 4869235

Coaching Association of Canada - National Coaching Certification Program: # CC1185800

FIFA Pro A Professional Coaching Degree from Asoc de Tecnicos del Futbol Argentina – Seccional Mar del Plata.

Being a player in my youth has given me a great perspective in the development of the next generation of soccer athletes. I have been working with children, youth and adults for the past 20 years to help them achieve their athletic goals. My commitment, passion and dedication positively impact my soccer athletes.

My focus is to provide a world class soccer program in a safe, positive and challenging environment where athletes achieve their personal best. My extensive experience in soccer has heightened my ability to deliver a comprehensive program that is based on in-depth research of best practices and scientific principles that has resulted in successful world class athleticism.

Developing young athletes requires patience, calmness and a positive attitude towards long term goals. One of our main goals as an academy is to create an environment which is focused at achieving results through consistent, holistic, interrelated and progressive skill development. My philosophy as a trainer is to eliminate frustration from our learning environment. I believe frustration both in coaches and players leads to ineffectiveness. It is this belief that guides my professional approach to player development.

I believe in repetitive, consistent, accurate skills training to an extent where mastery is achieved through focus, effort and continuous encouragement. We only proceed to the next levels when we have achieved optimal expertise at a given stage. A key component of my philosophy is the belief that young players need to be trained as athletes along with technical soccer training. By this I mean core strength training, conditioning, physical fitness and agility. We also recognize that education and higher level thinking are extremely vital to develop a rounded player. My program emphasizes high performance both in sports and academics. We aim to grow talented young athletes who are strategic thinkers, problem solvers and creative both on field and in their personal lives.

I want our players and members to realize that patience and continuous practice is vital for ultimate success. Growing high level elite athletes is an evolutionary process and we believe in taking these young people through progressive stages which lead to high performance soccer.



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Soccer Coaching Certifications:

- The Ontario Soccer Association Member: # 4869235
 - Child, Youth and Senior Level Certificates
- Coaching Association of Canada - National Coaching Certification Program: # CC1185800
- OSA Respect in Soccer Coaching Certificate
- FIFA Pro A Coaching Degree Child/Youth
- International Coaches Soccer Seminar Certificate 2013 and 2014
- Currently streaming towards obtaining my National Level Coaching Certification. FIFA Pro A Coaching Degree (ATFA-Argentina/recognized by FIFA)
- CPR Certified 2012-2014

About my Coaching Degree:

FIFA Pro A Coaching Degree (ATFA-Argentina/recognized by FIFA)

Professional Football Coach Degree

Length: 2 years.

Study Program

Completed: 1st Year - Child-Youth Level

Courses: Biology – Physical Preparation & Training I – Psychology I – Technique & Coaching I – Pedagogy & Didactics – Tactics & Strategy I – Soccer Language I – Laws & Refereeing - Managing & Leading Teams

Completed: 2nd Year – Professional Level - final On-site assessment summer 2017

Courses: Sports Medicine – Physical Preparation & training II – Psychology II – Technique & Coaching II - Tactics and Strategy II – The History of Soccer – Tactics & Strategy II - Soccer Language II – On-Site Final Exam



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Dear Parents,
Thank you for allowing us to develop your athletes.

Program Overview

Newstars Futbol Academy (NFA) has developed a long term player development program which focuses on a clearly designed pathway. This programs aims at mastering each level of development from beginner to intermediate and advanced.

Skills Training

NFA’s program will focus on ball mastery, soccer skills, fitness and knowledge of the game at age appropriate level. The skills that they will be developing in the program are juggling, soccer kicks, turning, shooting, throw in’s, passing, heading, change of direction and feints.

Key program features:

NFA’s program is designed to provide the opportunity for athletes at an early age, who truly love the game of soccer, to be taught the proper technical and tactical skills needed for high performance play.

All athletes will be assessed for their overall skill and knowledge of soccer. All athletes will start at the beginner level to ensure they are using effective technical skills. The athletes will first master all beginner skills to move on to intermediate and advance levels.

Following are the main program offerings:

- Designed to track each individual athlete’s progress.
- Parents will be given written reports of their child’s progress.
- All athletes will be giving a working training manual to track their progress as they master each soccer skill.
- On going assessment and feedback

NFA will also provide the opportunity for athletes to attend Schools with High Performer Programs. This program allows athletes to attend school in the morning and train in the afternoon/evening. The modified school day allows the athletes to strive for both academic and athletic excellence in a supportive flexible alternative learning environment.

NewStars Futbol Academy believes in providing an environment for athletes to obtain athletic and academic success.



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Competitive year May 2017- May 2018

Please find attached, your athletes' academy package to the following program:

2008/7 Boys/Girls U9/U10 competitive Academy Soccer Program

Technical Director / Head Coach: David Pilgrim – 416-843-7794

Lead Manager: Natalie Kirk – 416-358-7439

Training Hours& Locations:

Practices Three times a week(includes one technical training day)

Pracrice Locations/ fields will be Central Mississauga

Competitive Games and League: 1 day on Weekends

CAF - The Canadian Academy of Futbol – www.cafsoccer.com

Competitive Academy Program

May 2017 –May 2018 - \$2316.50

Registration Open Feb 17th 2017

NFA Team Tryouts March 5th 2017

Location: Indoor – Wild Water Kingdom Dome – 7855 Finch Ave W, Brampton ON, L6T 0B2

Times: TBA

Fees Covers Summer and Winter leagues

Included: Competitive Adidas Kit:

2 Practice Jerseys

1 Home Jersey

1 Away Jersey

2 Shorts

2 Pairs of Socks

1 Track Suit Top

1 Track Suit Bottom

1 Backpack

1 Ball



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Payment

Select an option (Circle one): A) Full Payment B) 2 Payments Per Year C) 3 Payments Per Year

Payment Information (Office Use Only):

Full time registration amount: \$2050.00 Plus HST \$266.50 Total \$2316.50

Notes: Full time registration period: May1 2017 –May1 2018

Method of Payment: Email Transfer/ Cash/ Cheque (all post-dated cheques must be included with registration)**

Interac e-Email Transfer (davidp@newstarsfutbol.com)/cheque payable to "Newstars Futbol Academy Inc."

Payment Options:

A) Full payment: full payment submitted together with player registration form.

- ✓ All full payments will receive a 5% discount (**\$2200.68**)

B) 2 payments per year:

- ✓ First payment: 50% of the registration fee together with player registration form. (**\$1158.25**)
- ✓ Second Payment: the balance due by 17th May (**\$1158.25**)

C) 3 payments per year:

- ✓ First payment: 50% of the registration fee together with player registration form (**\$1158.25**)
- ✓ Second payment: 25% of balance remaining from the registration fee due by 17th May (**\$579.13**)
- ✓ Third payment: last 25% of the registration fee due by 17st July (**\$579.13**)



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Player Registration Form

Player's Name _____ Recent Club _____

DOB ____/____/____ Male Female

Parent/Guardian (If minor Under 18 years old)

Name _____

Address

Street _____ City _____

Province _____ Postal Code _____

Phone (H) _____ (C) _____ (W) _____

Email _____

Does the Athlete have life threatening allergies: ____ Yes ____ No

If Yes, allergic to: _____

Other medical concerns: _____

Participant Liability Waiver. I hereby give my consent for my child _____ to participate in any and all activities at Newstars Futbol Academy Inc. Newstars Futbol Academy Inc, its staff and any and all individuals associated with Newstars Futbol Academy Inc. shall not be liable for any accident, injury (including death), illness or other mishap which my child may sustain while participating in soccer training activities. Furthermore, I grant permission to the staff of Newstars Futbol Academy Inc. to provide first aid and/or the services of any legally qualified physician or hospital and I agree to assume all financial obligations connected herewith. I also understand that all possible effort will be made to inform me in case of such treatment.

Print Parent or Guardian's Name: _____

Signature: _____ Date: _____

Emergency Contact:

Name _____ Phone _____

Newstars Futbol Academy Inc. authorizing Officer: David Pilgrim

Newstars Futbol Academy Inc. authorizing Signature: _____



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FULL WAIVER, RELEASE AND IDEMNITY AGREEMENT FORM

PLAYER INFORMATION

Player First Name: _____ Player Last Name: _____

Age Group: _____ Coaches Name: _____

Date of Birth: _____ Phone Number: _____

PLEASE READ CAREFULLY

In consideration for the acceptance by Newstars Futbol Academy Inc. ("NFA") of the above-named player, and his/her parent's or guardian's request and or application to participate in events, athletic or otherwise, and sponsored, sanctioned, or participated in by NFA ("NFA Events") and the provision of coaching of the Player by NFA, the player and his/her parent or guardian ("parent") undertake and agree as follows:

1. Player and Parent acknowledge that there are certain inherent dangers associated with participation in NFA Events, including without limitation, participation in indoor and outdoor soccer practices and competitions and travel to and from these practices and competitions.
2. Player and Parent acknowledge that NFA does not provide or maintain insurance of any kind whatsoever, including without limitation, insurance which would cover the cost of medical, dental, or therapy arising from participation in a NFA Event.
3. Player and Parent acknowledge that the Ontario Soccer Association does not provide insurance for among other things, injuries arising from participation in indoor soccer practice or competition.
4. Player and Parent hereby assume any and all risks and hazard of injury to Player in the course of a NFA Event, including, but not limited to injury caused by physical contact with other participants, physical exertion, or playing conditions, including field conditions.
5. Parent and Player on behalf of themselves and their assignees release and hold harmless NFA from any and all liability and expense, including litigation costs and attorney fees arising out of any and all claims which Parent and/or Player may have, Parent and Player hereby waive all claims they may have against NFA, or any of its directors, officers, officials, employees, coaches, representatives, and agents ("NFA affiliates"), as a result of the Parent/Player participation in a NFA Event (including any transportation to and from the event) and including any facilities provided directly or indirectly by NFA.
6. Parents and Players shall hold harmless and indemnify NFA and NFA affiliates from any and all claims, liabilities, and expenses arising out of claims brought by third parties in connection with any acts or omissions of the Player and/or any parent, guardian, sibling or other relative of the Player who attends and participates in a NFA event.
7. Parent and Player acknowledge that this document shall be operative as to any NFA Event scheduled as soccer now or in the future and for which Player is participating regardless of team, participants, facility or location.
8. This Agreement shall be governed by the Provincial Laws of Ontario.
9. Player and Parent acknowledge that they have the option of not applying for Player participation in NFA, and of Player not participating in NFA Events, if the terms of the foregoing are not acceptable.
10. PARENT AND PLAYER HAVE READ THE TERMS OF THIS AGREEMENT AND THEY UNDERSTAND AND FULLY AGREE TO THE SAME AS BINDING UPON THEM, THEIR HEIRS AND PERSONAL REPRESENTATIVES.

I, as the legal parent or guardian, have reviewed this Full Waiver, Release Assumption of Risk and Indemnity Agreement and agree to the terms and conditions contained herein.

Name of Parent/Guardian

Signature of Parent/Guardian

Date



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PLAYER AND PARENT CODE OF CONDUCT CONTRACT

PLAYER /PARENT INFORMATION

Player Name: _____ Parent/Guardian Name: _____

Team Name: _____ Age Group: _____

PLAYER SECTION

The Newstars Futbol Academy Inc. is committed to the long-term development of the youth soccer player as a well rounded athlete, and productive, respected member of society. Excellent gamesmanship in the form of healthy competition coincides with an overall attitude of community awareness and the desire to be a good citizen. Therefore, each player will be expected to follow the NFA Code of Conduct principles and each parent is expected to help enforce these principles.

- NFA players understand that soccer is a team sport and any absences, whether from practice or games, affects the overall team. Players unable to attend a practice or game will notify their coaches as soon as the coming absence is known.
- NFA players will not use alcohol or illegal substances at any time.
- NFA players will not use profanity at any time, especially at practices and games.
- NFA players will show respect to the referees. Players will not show any dissent to a referee. Players will accept responsibility for all fouls issued. Players will positively acknowledge the referee's efforts after a game regardless of the game's outcome.
- NFA players will show respect to the other team's players. Players will not be allowed to taunt an opposing player. Players will not retaliate against an opponent for a previous foul. Players will shake hands with their opponents after each game.
- NFA players will accept victory and defeat with dignity.
- NFA players will show respect to their coaches.
- NFA players will show respect to their parents.
- NFA players will work to promote a model of a top soccer athlete: good skills, sound fundamentals, clean and fair play.

Signature of Participant (If aged 13 and over)

Signature of Parent/Guardian (If under 18)

Date

PARENT SECTION

Parents of NFA players serve as important role models to their children and to all the other children that they come into contact with on the soccer field. Therefore, the NFA organization expects each parent to agree to the following code of conduct principles.

- NFA parents will learn and understand the rules of the game for each specific league/tournament, etc.
- NFA parents will respect the integrity and judgment of the referees. Parents will refrain from challenging referee calls.
- NFA parents will show appreciation of good play by both teams.
- NFA parents will refrain from "coaching" any player from the sidelines.
- NFA parents will cheer and show encouragement at all times.
- NFA parents will follow the 48-Hour Rule before contacting coaches after a game.
- NFA parents will help enforce the Player Code of Conduct Contract as shown above.

Signature of Parent/Guardian

Date



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POLICIES TERMS AND CONDITIONS

Late registrations will be accepted as long as spaces are available but all late starts will be prorated to the starting date of the Summer/Winter Program.

Players must commit to the program for a minimum of 12 months.

Request for cancellation must be submitted in writing to the Director 2 months prior to the cancellation date. A \$200.00 administration fee will be applied to all cancellations.

We do not offer refunds for missed dates.

Missed dates for long period of time do not constitute a notice of withdrawal.

You can register with another club team or attend other games/camps only with prior written permission by Newstars Futbol Academy Inc.

The Newstars Futbol Academy Inc. registration fee for Academy program is a flat-rate fee.

The only adjustments accepted will be for serious injuries occurred during Newstars Futbol Academy Inc. training or games which last longer than 2 months.

Injury credits will only be offered and applied toward the player registration for the following year.

For serious injuries that require withdrawal from program the 2 months notice will be waived but the \$200.00 administration fee will be applied.

Players/Parents who do not abide by the Newstars Futbol Academy Inc. Policies Terms and Conditions or/and Player and Parent Code of Conduct Contract will be removed from program without 2 months notice but the \$200.00 administration fee will be applied.

A \$50.00 fee will be charged for all NSF and returned cheques.

Cancellation of training sessions or programs due to circumstances beyond our control, inclement weather, cancellation/closure due to safety issues or closure of the facilities will be reviewed by Newstars Futbol Academy Inc. on individual basis and an equitable solution will be